

Select Readings, Second Edition

Intermediate, Chapter 3 Test

Read the passage and answer the questions that follow.

Study Habits of Successful Students

We all know that every successful student needs to study. However, having good study habits can be more difficult than you might think. Here are ten study habits of successful students. Work to develop these in your studies and you may just see the results you have been hoping for.

1. Try not to study for too long at one time. Studying for long periods can make you tired and may make your studying less effective. Study for short times, and take short breaks to refresh your mind.
2. Plan specific times to study. Rather than just studying whenever you have a free moment, set aside specific times throughout the day or week only for study.
3. Study at the same time each day. Establish a routine in your studies. Just like sleeping or eating, set aside a specific time each day to study. That way, your mind will be prepared when it is time to study.
4. Set goals for your study time. By being very clear about what you hope to accomplish, your study time will have more value.
5. Stick to your plan. Once you have decided when to study and what your goals are, do not procrastinate or delay. Focus and get started.
6. Complete the assignment that you find most difficult first. Since the most difficult assignment will require more effort, start with that one. Then the others will seem even easier.
7. Review your notes before getting started. By reviewing, the information you need for an assignment will be fresh in your mind when you begin.
8. Get rid of distractions. Turn off the television and your mobile phone. Tell friends not to call during the time you have set aside to study. There will be time to talk once you have accomplished your goals.
9. Sometimes two heads really can be better than one. So for some assignments, find a partner or group to study with. You may be able to help each other work through an assignment and achieve better results.
10. Review your assignments over the weekends. We all need a break, and the weekends should be fun. However, taking a few minutes to review your work once you have stepped away from it might help you be better prepared for the week ahead.

Use these ten study habits throughout your education, and they will become part of your normal routine.

1. The reading passage is primarily about _____.
 - A. how much time you should study every week
 - B. how good study habits can help you get a good job
 - C. how to set up good habits for studying
 - D. how to get better scores on tests

2. According to the passage, studying for long periods at a time _____.
 - A. makes your studying less effective
 - B. is better right before sleeping
 - C. is a good way to refresh your mind
 - D. is best done after a break
3. You should set a time each day to study, _____.
 - A. so that you can have more free moments
 - B. so that some days are set aside only for studying
 - C. just like for eating and sleeping
 - D. whenever you have a free moment
4. According to the reading, setting goals for your study time _____.
 - A. will help you stick to your plan
 - B. will let you study with a clear head
 - C. will help you focus
 - D. will bring more value to your work
5. If you complete the most difficult assignment first, _____.
 - A. it will require more effort
 - B. the other assignments won't seem as hard
 - C. you may not have time for the easier ones
 - D. you won't be likely to delay your studying
6. You should review your notes _____.
 - A. after completing an assignment
 - B. with every fresh assignment
 - C. when you begin an assignment
 - D. to make each assignment easier
7. According to the reading, you should tell your friends _____.
 - A. not to call you during your study time, so that you can focus
 - B. to turn off the television when you're trying to study
 - C. to call you on your mobile phone after studying
 - D. to set aside time to talk to you
8. The reading suggests that studying with another student _____.
 - A. is always better than studying alone
 - B. is better than studying in a group
 - C. can be helpful for some assignments
 - D. will always give you better results
9. The rules suggest that on weekends, _____.
 - A. you need to take a complete break from studying
 - B. you need to study so you won't forget your assignments
 - C. you should step away from your studying sometimes for breaks
 - D. you should review your assignments for just a few minutes
10. From the passage, we can infer that _____.
 - A. good study habits require that you follow all ten rules
 - B. setting good study habits can help you even after you're out of school
 - C. it's difficult for most students to set good study habits
 - D. these rules work better in university than in high school